



Independent Living Activities

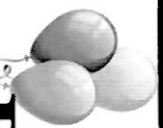
June 2023

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Location A&C Arts & Crafts CH Community Hall CH95 Channah 95 GR Great Room ILL Independent Living Lobby MDR Main Dining Room OR Oak Room</p>		<p>SU Smith U TER Terrace TH Theater</p>				
9:30 Catholic Mass (CH & Ch 36) 11:00 Protestant Worship Service (CH & Ch 36) 3:00 Mah Jong & Dominos (GR) 7:00 Johnny Cash Concert (CH95)	1:00 Chair Volleyball (CH) 2:30 Chess Club (GR) 6:45 Men's Bible Study (A&C) 7:00 Rock & Roll Legends Concert (CH95)	10:00 Trip to Walgreens * (ILL) 10:30 Meet & Greet for New Residents (GR) 1:00 Mah Jong (GR) 2:00 Tai Chi with Annamarte (CH) 2:30 Walking Club (ILL) 7:00 Showtime's Classic Rock (CH95)	10:00 Investing After Retirement * (CH) 1:00 Culinary Delights (MDR) 1:30 Mah Jong (GR) 2:30 Movie Selection Committee (TH) 3:00 Walking Club (ILL) 7:00 Queen Concert (CH95) 7:00 Series: Designated Survivor (TH)	9:00 Trip to Museum of Science & Industry * (ILL) 10:00 Communion 10:30 Marquette Bank (OR) 11:00 Bible Study (A&C) 12:30 Will Bowling (GR) 1:00 Brain Games (A&C) 2:00 Bridge Club (GR) 7:00 Series: Designated Survivor (TH)	8:00 Hem & Stitch (OR) 11:00 Lunch Trip to Wildlife in Oak Brook * (ILL) 1:00 Chair Volleyball (CH) 6:30 Bingo (OR) 7:00 The Four Tops Concert (CH95)	11:00 Bocce Ball (CH) 12:30 Bean Bags Games (CH) 3:00 Walking Club (ILL) 4:00 Happy Hour (OR) 6:00 Pinochle (GR) 7:00 50 Years Of Country Music (CH95)	12:30 Will Bowling (GR) 1:00 Movie: AKA (TH) 7:00 Tribute to Elvis Concert (CH95)
9:30 Catholic Mass (CH & Ch 36) 11:00 Protestant Worship Service (CH & Ch 36) 3:00 Mah Jong & Dominos (GR) 7:00 Rock & Roll Legends Volume III (CH95)	10:00 Trip to Mariano's * (ILL) 10:30 OP Library Visits (GR) 11:00 Eco Green Committee (A&C) 1:30 Chair Volleyball (CH) 2:30 Chess Club (GR) 6:45 Men's Bible Study (A&C) 7:00 60's Pop, Rock, & Soul Concert (CH95)	10:30 Men's Book Club (SU) 10:30 Trip to Aldi * (ILL) 1:00 Mah Jong (GR) 2:00 Activity Planning (A&C) 3:00 Walking Club (ILL) 7:00 Crosby, Stills, Nash & Young Concert (CH95)	10:00 Communion 10:00 Message Therapy with Kaitie * 10:30 Marquette Bank (OR) 11:00 Bible Study (A&C) 12:00 Teaching Kitchen * (MDR) 12:30 Will Bowling (GR) 1:00 Brain Games (A&C) 2:00 Bhdge Club (GR) 7:00 ABBA Live Concert (TH)	10:00 Trip to Walhmart * (ILL) 11:00 LIVE Broadcast with Amanda (CH/Ch 36) 1:30 Barbecue (TER) 1:00 Chair Volleyball (CH) 2:00 Dementia Bereavement Group (A&C) 6:30 Bingo (CH) 7:00 Bee Gees Concert (CH95)	11:00 Bocce Ball (CH) 12:30 Bean Bags Games (CH) 3:00 Walking Club (ILL) 4:00 Happy Hour (OR) 6:00 Pinochle (GR) 7:00 Drive In Soul Classics Concert (CH95)	12:30 Will Bowling (GR) 1:00 Movie: Father Stu (TH) 2:00 Craft with Angelina (A&C) 7:00 Movie: Father Stu (TH) 7:00 Paul McCartney Concert (CH95)	
Father's Day 9:30 Catholic Mass (CH & Ch 36) 11:00 Protestant Worship Service (CH & Ch 36) 3:00 Mah Jong & Dominos (GR) 7:00 Michael Jackson Live Concert (CH95)	9:30 Resident Council (CH) 1:00 Chair Volleyball (CH) 2:00 The Hidden Gems Road Trip * 2:30 Chess Club (GR) 6:45 Men's Bible Study (A&C) 7:00 Flashwood Mac Concert (CH95)	10:00 Men's Book Club (SU) 10:30 Trip to Aldi * (ILL) 1:00 Mah Jong (GR) 2:00 Activity Planning (A&C) 3:00 Walking Club (ILL) 7:00 Crosby, Stills, Nash & Young Concert (CH95)	10:00 Communion 10:00 Message Therapy with Kaitie * 10:30 Marquette Bank (OR) 11:00 Bible Study (A&C) 12:00 Teaching Kitchen * (MDR) 12:30 Will Bowling (GR) 1:00 Brain Games (A&C) 2:00 Bhdge Club (GR) 7:00 ABBA Live Concert (TH)	10:00 Trip to Walhmart * (ILL) 11:00 LIVE Broadcast with Amanda (CH/Ch 36) 1:30 Barbecue (TER) 1:00 Chair Volleyball (CH) 2:00 Dementia Bereavement Group (A&C) 6:30 Bingo (CH) 7:00 The Beach Boys Live Concert (CH95)	11:00 Bocce Ball (CH) 12:30 Bean Bags Games (CH) 3:00 Walking Club (ILL) 4:00 Happy Hour (OR) 6:00 Pinochle (GR) 7:00 The Soul Jam Concert (CH95)	12:30 Will Bowling (GR) 1:00 Movie: The Hangover (TH) 3:00 Bocce Bingo (OR) 7:00 Movie: The Hangover (TH) 7:00 An Evening with Paul Anka Concert (CH95)	
9:30 Mass w/ Holy Name Cathedral (Ch 7) 11:00 Protestant Worship Service (CH & Ch 36) 3:00 Mah Jong & Dominos (GR) 7:00 Neil Sedaka Concert (CH95)	9:30 Coffee, Cookies & Conversations with Tom (SU) 10:30 OP Library Visits (GR) 1:00 Chair Volleyball (CH) 2:30 Chess Club (GR) 6:45 Men's Bible Study (A&C) 7:00 Bee Gees Concert (CH95)	10:00 Trip to Jewel * (ILL) 1:00 Birthday Luncheon (MDR) 1:30 Mah Jong (GR) 2:00 Sarah Wolkon Entertainers (CH) 3:00 Walking Club (ILL) 7:00 Don Wop 50s Concert (CH95)	10:00 Communion 10:00 Marquette Bank (OR) 11:00 Bible Study (A&C) 11:30 Improv Trip to Village * (ILL) 12:30 Will Bowling (GR) 1:00 Brain Games (A&C) 2:00 Bridge Club (GR) 7:00 Merry Robbies Concert (CH95) 7:00 Series: Designated Survivor (TH)	10:00 Trip to Dollar Tree * (ILL) 1:00 Chair Volleyball (CH) 1:30 Memorial Services (CH) 6:30 Bingo (OR) 7:00 Johnny Cash Live Concert (CH95)	11:00 Bocce Ball (CH) 12:30 Bean Bags Games (CH) 3:00 Walking Club (ILL) 4:00 Happy Hour (OR) 6:00 Pinochle (GR) 7:00 The Temptations Concert (CH95)		

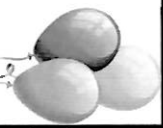
Smith Crossing

Exercise Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10 am Standing Balance (Ch 95)	10 am Strength Training (Ch 95)	10 am Standing Balance (Ch 95)	10 am Strength Training (Ch 95)	10 am Standing Balance (Ch 95)	10 am Saturday Stretches (Ch 95)
	10:30 am Move w/ Mary (CH)	10:30 am Move w/ Mary (CH)	10:30 am Move w/ Mary (CH)	10:30 am Move w/ Mary (CH)	10:30 am Move w/ Mary (CH)	
3:30 pm Healthy Hands (Ch 95)	2 pm Functional Fitness (Ch 95)	2 pm Arthritis Fitness (Ch 95)	2 pm Functional Fitness (Ch 95)	2 pm Cardio Blast (Ch 95)	2 pm Functional Fitness (Ch 95)	3:30 pm Chair Yoga (Ch 95)



June Birthdays



Philomena Mahoney	June 1st
Helga Boehm	June 2nd
Lois Dingwall	June 4th
Marilyn Gortowski	June 6th
Thomas Montgomery	June 8th
Erling Ouwerkerk	June 8th
Anthony Sorrentino	June 8th
Jean Kok	June 10th
Noreen Mariani	June 19th
Vlasta Minarich	June 21st
Nancy Rusnak	June 22nd
Joseph Urbank	June 23rd
Barbara Godfrey	June 24th
Martha Johnson	June 25th
Richard Raddatz	June 29th
Paula Fitzmaurice	June 30th
John Donohue	June 30th