



**September
2010**

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Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ACTIVITIES ARE SUBJECT TO CHANGE</p>	<p>Marquette Bank every Wednesday 9 a.m. - Noon Assisted Living Conference Room</p>	<p>General Store Hours Monday 5:30-6:30 p.m. Wednesday 5:30-6:30 p.m. Friday 5:30-6:30 p.m.</p>	<p>1 10:15 Test the Brain Waves 10:30 Communion Service 12:00-2:00 Farmers Market 2:15 Bean Bag Games 6:30 Just Picture It!</p>	<p>2 9:00 Bible Study 10:30 Sit & Be Fit with Karen 3:00 Stitchers Club 6:30 Money BINGO</p>	<p>3 10:00 Prayer Service with Rich 11:30 Balance Class with Karen 2:00 Musical Concert with Rich 4:00 Happy Hour 6:30 Pinochle Tournament 7:00 Evening Movie - Ch. 4 "Shane"</p>	<p>4 9:30 Painting Class 10:00 September IQ Quiz 10:30 Morning Movie - Ch. 4 "Maverick" 1:45 UNO Card Game 3:00 Money BINGO</p>
<p>5 9:00 Catholic Mass 11:00 Protestant Service 3:00 Sunday Matinee - Ch. 4 "South Pacific"</p>	<p>6 Labor Day 12:00-4:00 Labor Day BBQ * 1:00 Bridge Club 6:30 Pinochle/Kings in the Corner Card Games</p>	<p>7 9:30 Exercise to Music 1:00 Bridge Club 1:45 Trip to Jewel * 2:00 Music with Rich 6:30 Poker Night 6:30 Scrabble</p>	<p>8 10:15 Test the Brain Waves 10:30 Communion Service 1:00 Nutritional Chef's Corner 1:45 Trip to Penney's * 2:15 Bean Bag Games 6:30 Race Car Game</p>	<p>9 9:00 Bible Study 10:00 Computer Class * 10:00-12:00 Billing Q/A 10:30 Sit & Be Fit with Karen 10:30 Avon with Kim 3:00 Stitchers Club 6:30 Money BINGO</p>	<p>10 11:30 Balance Class with Karen 2:00 Music with Rich 3:00 B/P & Weight Clinic 4:00 Meet & Greet Happy Hour with Will County Officials 6:30 Pinochle Tournament 7:00 Evening Movie - Ch. 4 "Rush Hour"</p>	<p>11 8:15 Memory Walk Downtown* 9:30 Painting Class 10:00 Dear Abby Chit Chat 10:30 Morning Movie - Ch. 4 "Sunset Boulevard" 1:45 Bean Bag Target Toss 3:00 Money BINGO</p>
<p>12 9:00 Catholic Mass 11:00 Protestant Service 1:45 Table Games 3:00 Sunday Matinee - Ch. 4 "E.T.-the Extra-Terrestrial"</p>	<p>13 10:00 Trip to Walgreens * 1:00 Bridge Club 6:30 Pinochle/Kings in the Corner Card Games</p>	<p>14 9:30 Exercise to Music 1:00 Bridge Club 1:45 Trip to Walmart * 2:00 Music with Rich 3:30 Food Committee Meeting 6:30 Poker Night 6:30 Who Wants to be a Millionaire</p>	<p>15 10:15 Test the Brain Waves 10:30 Communion Service 2:00 Presidents & Their Wives: "Lyndon B. Johnson & Lady Bird" 4:30 Birthday Dinner 6:30 Entertainment by Ted Lehman</p>	<p>16 9:00 Bible Study 10:30 Sit & Be Fit with Karen 3:00 Stitchers Club 6:30 Money BINGO</p>	<p>17 10:00 Prayer Service with Rich 11:00 Trip to Hidden Oaks Nature Center in Bolingbrook * 11:30 Balance Class with Karen 2:00 Music with Rich 4:00 Happy Hour 6:30 Pinochle Tournament 7:00 Evening Movie - Ch. 4 "The Bucket List"</p>	<p>18 9:30 Painting Class 10:00 Coffee & Conversation 10:30 Morning Movie - Ch. 4 "I Love You to Death" 1:45 Lawn Darts 3:00 Money BINGO 6:45 Lincoln-Way Spotlight: "The von Trapp Children Singers" *</p>
<p>19 9:00 Catholic Mass 11:00 Protestant Service 3:00 Sunday Matinee - Ch. 4 "Paul Blart Mall Cop"</p>	<p>20 9:30 Resident Council Mtg. 10:30 Orland Park Library Visits 1:00 Bridge Club 12:30 Trip to Mokena Fire Dept. seminar & lunch * 6:30 Pinochle/Kings in the Corner Card Games 7:00 Investment Meeting</p>	<p>21 9:30 Exercise to Music 1:45 Trip to Jewel * 1:00 Bridge Club 2:00 Music with Rich 6:30 Poker Night 6:30 Mad Gab</p>	<p>22 10:15 Trip to Lincoln-Way to see "Laughter & Memories of Sinatra" with comedian Tom Dreesen * 10:15 Test the Brain Waves 10:30 Communion Service 2:15 Bean Bag Games 6:30 Name that Tune</p>	<p>23 9:00 Bible Study 10:30 Sit & Be Fit with Karen 10:30 Avon with Kim 3:00 Stitchers Club 6:30 Money BINGO</p>	<p>24 11:00 Musical Concert with Rich 2:00 Smith Village Players Perform a 1940s Radio Show 3:30 Happy Hour 6:30 Pinochle Tournament 7:00 Evening Movie - Ch. 4 "Definitely Maybe"</p>	<p>25 9:30 Painting Class 10:00 Shake Loose a Memory 10:30 Morning Movie - Ch. 4 "Lucas" 1:45 Yahtzee 3:00 Money BINGO</p>
<p>26 9:00 Catholic Mass 11:00 Protestant Service 1:45 Table Games 3:00 Trip to Governors State to hear the Lyric Opera Preview Highlights from Puccini, Wagner, Verdi & more * 3:00 Sunday Matinee - Ch. 4 "Hocus Pocus"</p>	<p>27 1:00 Bridge Club 6:30 Pinochle/Kings in the Corner Card Games</p>	<p>28 9:30 Exercise to Music 11:00 Trip to Harrah's * 1:00 Bridge Club 2:00 Music with Rich 6:30 Poker Night 6:30 Deal or No Deal</p>	<p>29 8:30 Breakfast at Blackberry's * 10:15 Test the Brain Waves 10:30 Communion Service 1:45 Trip to Marshall's * 2:15 Bean Bag Games 6:30 Price Is Right</p>	<p>30 9:00 Bible Study 10:30 Sit & Be Fit with Karen 10:30 Avon with Kim 3:00 Stitchers Club 6:30 Money BINGO</p>	<p>* = Sign-up is required at the front desk.</p>	

General Store Hours

Monday 5:30-6:30 p.m.

Wednesday 5:30-6:30 p.m.

Friday 5:30-6:30 p.m.

If you would like to see a new item on our shelves, please tell the store volunteer or leave your suggestion with the receptionist at the IL Reception Desk. We will try our best to accommodate your request.

Alzheimer's/Dementia Support Groups

The Alzheimer's/Dementia Support Group will meet Tuesday, Sept. 7, at 6 p.m. in the IL Multi-Purpose Room. Dr. Michael Thomas, Smith Crossing Medical Director, will be our speaker for the evening. He will discuss Alzheimer's disease and other forms of dementia. A question-and-answer session will follow.

In addition, C.O.P.E., a support group for couples in which one spouse lives with Alzheimer's disease or dementia and the other is the primary caregiver, will continue to meet on the third Thursday of each month. Our next meeting will be held Thursday, Sept. 16, at 2 p.m. in the IL Multi-Purpose Room.

The Alzheimer's Association has trained our social worker Amy Majcina and activity director Sue Schumann to serve as facilitators for these meetings.

The Doctor is in...

Contact Gloria Belonax at the Assisted Living Reception Desk, ext. 2331, for appointments with:

William Grant, O.D. —*By appointment only*

Allison Martin, M.D.—*Fri., September 10*

Richard Marshall, D.D.S.—*Thurs., September 30*

Kevin O'Conner, D.P.M.—*Wed., September 8*

(IL Residents Only)

Ming-Yeng Tang, M.D.

Wed., September 8, 15, 22, 29

Wayne Tillman, D.P.M. —*Thurs., Sept. 2*

Hearing Alternatives—*By Appointment Only*



Happy Birthday

Fran Carlson	9/2
Marje Gardiner	9/2
John Denlinger	9/4
Dorothy Lester	9/7
Margaret McMillion	9/7
Marion Nagle	9/7
Mary Fran LaVoie	9/17
Mary Louise Eckert	9/20
Irving Goldberg	9/20
Jean Matthew	9/23
Murphy McLary	9/23
Victor Ratajczak	9/23
LaVerne Piecuch	9/27
Izzy Tobiansky	9/27
Virginia Bailie	9/28
Joe Crumpley	9/30

Birthday Night is
Wednesday, September 15
Entertainment by Ted Lemen
begins at 6:30 p.m.
in the IL Multi-Purpose Room