













**September
2010**

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Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ACTIVITIES ARE SUBJECT TO CHANGE	<p>* means sign up is required</p> <p>Please sign up for all lunch and shopping trips at least 24 hours in advance</p>		1 9:30 Fitness Fun with Karen 10:15 Test the Brain Waves 10:30 Communion Service 12:00-2:00 Farmers Market 2:00 Wii Games 3:00 Ladies Poker 6:30 Just Picture It!	2 Cute As a Button Day 9:00 Bible Study 9:30 Let's Get Moving! 10:00 Chicken Soup Stories 10:30 Crossword Puzzles 2:00 Craft Creations 3:00 Coke Floats & Trivia 6:30 Money BINGO 	3 9:30 Friday Fitness Fun 10:00 Prayer Service with Rich 10:45 Activity Planning Meeting 2:00 Piano Concert with Rich 3:00 Happy Hour 7:00 Evening Movie - Ch. 4 "Shane"	4 9:30 Saturday Stretches 10:00 September IQ Quiz 10:30 Morning Movie - Ch. 4 "Maverick" 1:45 UNO Card Game 3:00 Money BINGO
	5 9:00 Catholic Mass 11:00 Protestant Service 1:45 Table Games 3:00 Sunday Matinee - Ch. 4 "South Pacific"		6 Labor Day 9:30 Fitness Fun with Karen 10:00 Reminisce & Coffee 10:30 Word Games 1:30-3:00 Labor Day Ice Cream Social Chris Colletti Entertains 3:15 Patio Games 	7 9:30 Morning Stretches 10:00 Music Time with Rich 10:45 Price is Right Game 1:30 Jewel/Osco Trip* 2:00 Noodle/Balloon Volley 3:00 Popsicles on the Patio 6:00 Dementia Support Group 6:30 Scrabble 6:30 Poker Night	8 9:30 Fitness Fun with Karen 10:15 Test the Brain Waves 10:30 Communion Service 1:00 Nutritional Chef's Corner 1:30 JC Penney Trip* 2:00 Finish the Rhyme 3:00 Frizzy Frieda 6:30 Race Car Game	9 Fortune Cookie Day 9:00 Bible Study 9:30 Let's Get Moving! 10:00 Today's Horoscope 10:30 Pet Peeves 10:30 AVON with Kim 2:00 Put & Take Dice Game 3:00 What's Your Fortune? 6:30 Money BINGO 
12 Grandparents Day 9:00 Catholic Mass 11:00 Protestant Service 2:00 Grandparents Day Celebration 3:00 Sunday Matinee - Ch. 4 "E.T. the Extra-Terrestrial" 	13 Assisted Living Week 9:30 Fitness Fun with Karen 9:45 Walgreens Trip* 10:00 Today's Horoscope 10:30 Stories from the Attic 2:00 Monthly Birthday Party Bill the Band Entertains 3:15 I Heard It Through the Grapevine	14 Assisted Living Week 9:30 Morning Stretches 10:00 Music Time with Rich 10:45 Reminisce & Coffee 1:30 Walmart Trip* 2:00 Afternoon of Silly Games 3:15 Favorite Vacations 6:30 Who Wants to Be a Millionaire 6:30 Poker Night	15 Assisted Living Week 9:30 Fitness Fun with Karen 10:15 Test the Brain Waves 10:30 Communion Service 2:00 Presidents & Their Wives 2:00 Toilet Paper Toss 2:00 Wheelchair Wash-Down 3:00 Watermelon & Word Games 5:00 Birthday Dinner 6:30 Ted Leman Entertains	16 Assisted Living Week 9:00 Bible Study 9:30 Let's Get Moving! 10:00 Swat It! Volley 10:30 Word Wheel 2:00 A Page of My Scrapbook 2:00 C.O.P.E. Support Group 3:30 What Is In My Time Capsule? 6:30 Money BINGO	17 Assisted Living Week 9:30 Friday Fitness Fun 10:00 Prayer Service with Rich 10:45 100 Things To Do 11:00 Nature Center & Lunch Trip* 2:00 100 Things To Do 3:00 Happy Hour 7:00 Evening Movie - Ch. 4 "The Bucket List"	18 9:30 Saturday Stretches 10:00 Coffee & Conversation 10:30 Morning Movie - Ch. 4 "I Love You to Death" 1:45 Lawn Darts 3:00 Money BINGO 6:45 Lincoln-Way High School "The von Trapp Children"*
19 9:00 Catholic Mass 11:00 Protestant Service 1:45 Table Games 3:00 Sunday Matinee - Ch. 4 "Paul Blart: Mall Cop"	20 Eat an Apple Day 9:30 Fitness Fun with Karen 10:00 Current Events & Coffee 10:30 Kitchen Time 10:30 Orland Park Library Visits 12:30 Mokena Fire Dept. Senior Luncheon & Seminar* 2:00 Crossword Puzzles 3:00 Apple Treats & Trivia 	21 9:30 Morning Stretches 10:00 Music Time with Rich 10:45 Skip-Bo Card Game 1:30 Jewel/Osco Trip* 2:00 Boggle Dice Game 3:00 Popsicles on the Patio 6:30 Mad Gab 6:30 Poker Night	22 Autumn Begins 9:30 Fitness Fun with Karen 10:15 Test the Brain Waves 10:15 Lincoln-Way High School "Laughter & Memories of Sinatra"* 10:30 Communion Service 2:00 Craft Creations 3:00 Relay Games 6:30 Name That Tune 	23 Harvest Moon 9:00 Bible Study 9:30 Let's Get Moving! 10:00 Reminisce with Coffee 10:30 AVON with Kim 1:00 Chef's Corner 2:00 Wii Games 3:00 Guess How Many 6:30 Money BINGO 6:30 Singin' Around the Campfire 	24 9:30 Friday Fitness Fun 10:00 Music Time with Rich 10:45 Dear Abby Chit Chat 11:45 Monthly Resident Meeting 2:30 Smith Village Players Perform a 1940s Radio Show 3:00 Happy Hour 7:00 Evening Movie - Ch. 4 "Definitely Maybe"	25 9:30 Saturday Stretches 10:00 Shake Loose a Memory 10:30 Morning Movie - Ch. 4 "Lucas" 1:45 Yahtzee Dice Game 3:00 Money BINGO
26 9:00 Catholic Mass 11:00 Protestant Service 1:45 Table Games 3:00 Lyric Opera Preview at Governor's State* 3:00 Sunday Matinee - Ch. 4 "Hocus Pocus"	27 Milkshake Monday 9:30 Fitness Fun with Karen 10:00 Dear Abby Chit Chat 10:30 LCR Dice Game 2:00 Bargain Box Game 3:00 Milkshakes on the Patio 	28 9:30 Morning Stretches 10:00 Music Time with Rich 10:45 UNO Card Game 11:00 Harrah's Casino* 2:00 Bean Bag Target Toss 3:00 Who Am I? 6:30 Deal or No Deal 6:30 Poker Night	29 Red Hat Day 8:30 Blackberry's Restaurant Breakfast Trip* 9:30 Fitness Fun with Karen 10:15 Test the Brain Waves 10:30 Communion Service 1:30 Marshall's* 2:00 Craft Creations 3:00 Red Hat Chatter 6:30 Price is Right Game 	30 9:00 Bible Study 9:30 Let's Get Moving! 10:00 Today's Horoscope 10:30 Kitchen Time 2:00 Wheel of Fortune Word Games 3:00 Trivia & Treats 6:30 Money BINGO	<p>Marquette Bank every Wednesday 9 a.m. - Noon Assisted Living Conference Room</p>	<p>General Store Hours</p> <p>Monday 5:30-6:30 p.m. Wednesday 5:30-6:30 p.m. Friday 5:30-6:30 p.m.</p>

General Store Hours

Monday 5:30-6:30 p.m.

Wednesday 5:30-6:30 p.m.

Friday 5:30-6:30 p.m.

If you would like to see a new item on our shelves, please tell the store volunteer or leave your suggestion with the receptionist at the IL Reception Desk. We will try our best to accommodate your request.

Alzheimer's/Dementia Support Groups

The Alzheimer's/Dementia Support Group will meet Tuesday, Sept. 7, at 6 p.m. in the IL Multi-Purpose Room. Dr. Michael Thomas, Smith Crossing Medical Director, will be our speaker for the evening. He will discuss Alzheimer's disease and other forms of dementia. A question-and-answer session will follow.

In addition, C.O.P.E., a support group for couples in which one spouse lives with Alzheimer's disease or dementia and the other is the primary caregiver, will continue to meet on the third Thursday of each month. Our next meeting will be held Thursday, Sept. 16, at 2 p.m. in the IL Multi-Purpose Room.

The Alzheimer's Association has trained our social worker Amy Majcina and activity director Sue Schumann to serve as facilitators for these meetings.

The Doctor is in...

Contact Gloria Belonax at the Assisted Living Reception Desk, ext. 2331, for appointments with:

William Grant, O.D. —*By appointment only*

Allison Martin, M.D.—*Fri., September 10*

Richard Marshall, D.D.S.—*Thurs., September 30*

Kevin O'Conner, D.P.M.—*Wed., September 8*
(*IL Residents Only*)

Ming-Yeng Tang, M.D.

Wed., September 8, 15, 22, 29

Wayne Tillman, D.P.M. —*Thurs., Sept. 2*

Hearing Alternatives—*By Appointment Only*



Happy Birthday

Fran Carlson	9/2
Marje Gardiner	9/2
John Denlinger	9/4
Dorothy Lester	9/7
Margaret McMillion	9/7
Marion Nagle	9/7
Mary Fran LaVoie	9/17
Mary Louise Eckert	9/20
Irving Goldberg	9/20
Jean Matthew	9/23
Murphy McLary	9/23
Victor Ratajczak	9/23
LaVerne Piecuch	9/27
Izzy Tobiansky	9/27
Virginia Bailie	9/28
Joe Crumpley	9/30

Birthday Night is
Wednesday, September 15
Entertainment by Ted Lemen
begins at 6:30 p.m.
in the IL Multi-Purpose Room